

Part B

Part C

Learning Outcomes for BAA Psychology 12

At the end of the unit, the students will be able to:

- Understand what learning is and how it differs from instincts and reflexes.
- Examine the theory of classical conditioning.

At the end of the unit, the students will be able to:

- Learn what motivation is and how primary and secondary needs affect motivation.
- Examine the five different perspectives which seek to explain motivation.
- Discuss how intrinsic and extrinsic motivations affect our components of emotions.
- Learn what emotions and moods are, including the three components of emotions.
- Investigate the physical and psychological relationship that comprises emotion.

Unit 6: Stress & Health

Learning outcomes

At the end of the unit, the students will be able to:

- Learn more about the history of health psychology.
- Examine some common causes of stress and their effects on individuals.
- Discuss the general adaptation syndrome and the effects that this has.
- Investigate the four types of conflicts that individuals experience.
- Explore ways of coping with and managing stress.

Unit 7: Personality & Individuality

Learning outcomes

At the end of the unit, the students will be able to:

- Learn what personality is.
- Discuss Freud's three models of personality.
- Investigate how cognition and thought affect personality.
- Learn what personality traits and types are and how psychologists have used these concepts to study personality consistency.
- Examine the person-centered approach and how other people help shape personality.

Unit 8: Abnormal Psychology

Learning outcomes

At the end of the unit, the students will be able to:

- Understand what abnormal psychology is and how it differs from normal psychology.
- Examine the criteria used to identify abnormal psychology and mental disorders.
- Learn about the two major classification systems.
- Discuss anxiety, mood, personality, and somatoform disorders.
- Learn about psychotic disorders and how they differ from other psychological disorders.

Final Exam

Learning Outcomes

- Review information acquired and mastered from this course up to this point.
- Take a course exam based on material from units five to eight in this course – the last four units.

Student Assessment